



Meat Grinders...\$9.99

All oven toasted grinders served on garlic-herb oil seasoned french bread w/ tomatoes, red onions, olives, pepperoncini, provolone, swiss, and zesty grinder sauce

FAQ#1: What is zesty grinder sauce? A garlic ranch italian dressing.

FAQ#2: What is red sauce? A mild sweet marinara.

Royal Grinder

Pocino Roast Beef and Farmhouse Smoked Ham

Crown Grinder

Smoked Hickory Turkey and Farmhouse Smoked Ham

Pastrami Grinder

Bridgerland Peppered Pastrami, Pleasant Valley Sauerkraut, and Inglehoffer Stone Ground Mustard

Italian Grinder

Coronado Salami & Pepperoni and Farmhouse Smoked Ham

Teriyaki Chicken Grinder - No Grinder Sauce

Teriyaki Chicken Breast and Sweet Pineapple Teriyaki Sauce with Carrots and Cucumbers

Chicken Pesto Grinder

Mesquite Chicken Breast and Armanino Pesto

French Dip with Au jus - No Sauce or Veggies

Pocino Roast Beef, Provolone Cheese, and Side of Au Jus

Veggie Grinders...\$9.99

All oven toasted grinders served on garlic-herb oil seasoned french bread w/ tomatoes, red onions, olives, pepperoncini, provolone, swiss, and zesty grinder sauce

Original Fresh Veggie - Vegetarian

Guacamole, Roasted Red Bell Peppers, Cucumbers, Pickles, Carrots, and Lettuce

Roasted Veggie Medley - Vegetarian

Mix of Zucchini, Mushrooms, Red Bell Peppers, and Pesto. Topped with Fresh Cucumbers

Field Roast Italian Sausage - Vegetarian

Veggie Sausage, Roasted Red Bell Peppers, and Cucumbers

Field Roast Smoked Tomato & Tempeh Bacon - Vegan

w/ Guacamole, Roasted Red Bell Peppers, Carrots, Cucumbers, and Red Sauce - **No Grinder Sauce - No Cheese**

Grilled Flatbread...\$9.99

Chipotle Turkey & Bacon with Pepper Jack Cheese

Smoked Turkey, Hickory Bacon, Pepper Jack Cheese, Tomatoes, Red Onions, Lettuce, and Chipotle Mayo Sauce

Mediterranean Caprese with Genoa Salami

Mozzarella Slices, Genoa Salami, Fresh Basil, Pesto, Red Onions, Roasted Red Peppers, Tomatoes, and Balsamic Vinegar Reduction

Tofu and Hummus with Asian Sesame Dressing - Vegan

Seasoned Tofu, Garlic Hummus, Roasted Red Peppers, Tomatoes, Red Onions, Cucumbers, Carrots, and Asian Sesame Dressing

Build Your Own...\$9.99

Choose type: Grinder, Herbed Panini, Sliced French, or Flatbread
Gluten-Free Bread (multi-seed): \$1.99 extra charge

Choose one meat: Roast Beef, Smoked Turkey, Peppered Pastrami, Smoked Ham, Salami, Pepperoni, Chicken Breast, Roasted Veggies, Tempeh Bacon, Field Roast Italian Sausage, Field Roast Smoked Tomato Seasoned Tofu

Choose one cheese: Swiss, Provolone, Pepper Jack, Cheddar

Choose as many items as you like: Tomatoes, Red Onions, Olives, Pepperoncini, Cucumbers, Jalapenos, Lettuce, Carrots, Basil, Pickles, Roasted Red Bell Peppers

Sauces: Mayo, Stone Ground Mustard, Pesto, Chipotle Mayo Sauce, Grinder Sauce, Red Sauce, Horseradish, Garlic Hummus

Grilled Sandwiches

All grilled sandwiches served on sliced french bread

Pesto Veggie.....\$6.99 - Vegetarian

Pesto, Tomatoes, Red Onions, Olives, Pepperoncini, Cucumbers, Carrots, Roasted Red Peppers, Cheddar Cheese, and Red Sauce

Cheese.....\$3.99 - Vegetarian Your choice of cheese

Meat and Cheese.....\$6.99 Your choice of meat & cheese

AB&J.....\$3.99 - Vegetarian

Almond Butter and Strawberry Jam